

Report

: Block Level Awareness Programme on Drug De-addiction & International Women's Day Celebration

Organized by: Red Ribbon Club, Government College Bharmour

Date: 6–7 March 2026

Venue: Government College Bharmour

A comprehensive two-day Block Level Awareness Programme focused on drug de-addiction and the celebration of International Women's Day was successfully organized on 6–7 March 2026 at Government College Bharmour. The event aimed to sensitize the youth regarding the perils of substance abuse under the Nasha Mukh Bharat Abhiyan while honoring the pivotal role of women in society.

Day 1: Creative Competitions (6 March 2026)

The celebrations commenced with a focus on artistic expression and cultural heritage. Students from Government College Bharmour and ITI Bharmour participated enthusiastically in:

* Mehndi Competition: Showcasing traditional patterns and creative designs.

* Rangoli Competition: Featuring vibrant designs that reflected themes of women empowerment, equality, and social responsibility.

Day 2: Awareness Session & Cultural Events (7 March 2026)

The second day featured formal proceedings and intellectual discourse under the chairmanship of Shri Vikas Sharma (SDM/ADM Bharmour), who graced the occasion as the Chief Guest. The event was held in the presence of Principal Dr. Hemant Pal and Dr. Dipesh Bariyal (BMO Bharmour).

* Keynote Addresses: The speakers addressed the gathering on the severe social and health implications of drug addiction. They emphasized that substance abuse jeopardizes physical health, family stability, and future prospects. Dr. Dipesh Bariyal specifically highlighted the medical aspects of addiction, while the Chief Guest encouraged students to be ambassadors for a drug-free community.

* Declamation Competition: Students delivered powerful speeches on youth responsibility, the menace of drugs, and the importance of gender equality.

* Nasha Mukh Pledge: A highlight of the event was the collective pledge for a "Nasha Mukh Himachal." Faculty members and students stood together to reaffirm their commitment to a



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healthy, drug-free lifestyle and to spread awareness in their respective localities.

Conclusion

The programme successfully bridged the gap between cultural celebration and social advocacy. By integrating the International Women's Day festivities with the Nasha Mukta Bharat initiative, the college effectively promoted a message of dignity, health, and equality. The event concluded with the distribution of prizes to the winners of the various competitions, marking a milestone in the college's efforts toward holistic student development.



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